



NEWSLETTER

Dear YMWAP Family,

Happy New Year! Young Man with a Plan starts 2024 in our expanded facility in Hyde Park. This beautiful new 3,000 s.f. street-level space supports our ambitious growth -- in young men served, in our team of staff, mentors, and partners, in new programming offered, and in more community convening. When our young men saw the fresh and spacious room, they asked, **“Is this really for us?”**

Just as YMWAP does, our new space communicates to our young men: “you belong here, you matter, your future matters.” Over the next few years, we look forward to building and deepening our program offerings, including more fitness and creative opportunities as we fully equip the space. Come by and visit us if you can!



As always, we thank you for being part of our village,

Dr. Jay Simpson

Executive Director, Young Man with a Plan

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NEW SPACE

“A place to belong” is central to YMWAP. Beginning in 2021 we rented 1,063 s.f. of second floor space on River Street in Hyde Park. Students love the safety of the neighborhood and ease of transportation access. The space, however, did not

accommodate multiple groups and was not ADA accessible. In late 2023 we expanded to the building's ground floor. This resulted in 3,000 s.f. of additional open space that includes a kitchen, shower, fitness area, washer-dryer, and study space. We will eventually have a creative corner for making graphic art, music and podcasts. YMWAP's larger space supports family & community convening, trainings, and events.



WELLNESS

YMWAP's new expanded space, with fitness area, shower, and kitchen, creates an exciting new opportunity to introduce a Wellness curriculum to be delivered by qualified staff and partners. Our new space will soon have a new fitness area equipped with power racks and specialized flooring, a treadmill, weights and resistance bands, and yoga mats. We'll focus on holistic aspects of healthy living including nutrition, fitness, mental health, sexual health, sleep, social media, addictions, and stress reduction. In addition to serving young men, we envision engaging families through a Wellness Day in the Spring. Every young man will have Wellness goals as part of his success planning.



Our 9th grade group, along with staff and mentors. You can see why we really needed the larger space!



Full blueprint for our anticipated use of the new space!

